

Child Abuse: Causes and Impacts on Pakistani Society

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Abstract

Child abuse is manmade activity that cease the natural potential of children. It includes all patterns of emotional, physical and sexual abuse that causes the potential harm to the child's s growth and dignity. It became a major challenge in entire world, many developed as well as developing countries face this challenge. In Pakistan according to the media sources eight hundreds innocent children became victim of sexual abuse in 2019. Qualitative method is adopted for current research and data have been collected from different books, research articles, journals, magazines, newspapers, different organizational reports and seminars. It has been became a severe challenge for Pakistan, eight children become victim of child abuse in every day. The current research is conducted on child abuse, its types, causes and impacts on Pakistani society.

Keywords: Child abuse, emotional ,Pakistan, physical children.

INTRODUCTION

Any boy and girl less than eighteen years is child. Children are considered the future of every nation. Due to the child abuse the future of every developed and developing country in dangerous. Over three million referrals of potential cases of child abuse involving more than 6 million children were made to the Child Protective Service in the United States in 2013.¹ child abuse is manmade activity of missing that interrupted the growth & development of the child's inherent potentials. Child abuse is the abuse of a parent's authority to command, discipline, and punish their children while neglect is the inability to carry out parental responsibilities, such as those involving the monitoring and protection of children.² Childhood abuse is the victimization of children that further divided into fourth sessions; (1) Emotional abuse

(2) neglect (3) physical abuse (4) sexual abuse. World Health Organization drafted the definition of childhood abuse in 1999, child abuse includes all types of physical or emotional maltreatment, sexual abuse, neglect, and commercial or other exploitation of children that might endanger child's health, survival, or dignity.³ Childhood abuse remained in whole history of the world and now still exist in different methods. In the Hebrew Bible, the Pharaoh of Egypt ordered the death of all male infants in an attempt to protect the position and power of his own throne.⁴ There were recognized pederasty (sexual relationship between an adult and boy) in ancient Greek.

Child abuse became global issue for the entire world. Childhood abuse occurs in the all developing and developed countries in different forms like emotional, neglect, sexual and physical irrespective of social economic class and remain under reported issue everywhere.⁵ The super power USA has three million cases relating to child abuse. In the USA, where 1 in 4 girls and 1 in 7 boys experience childhood sexual abuse.⁶

The situation is more challenging in developing countries regarding South Asia, which comprised 23 percent population of the world and poorest region of the world.⁷ Developing nations presenting the worst picture regarding the issue of child abuse due to poor health-information systems, faulty legal and police structures, and sociocultural stigma.⁸

In countries such Pakistan, India, Bangladesh, Nepal and Bhutan violence happens in style of child sexual abuse, child labor, homelessness and child trafficking. From 40 to 115 million working children of the world under the age of 14 years were found in India.⁹ According to the ILO mention statistics that represents the picture of child abuse 3.4 million in Pakistan, 5 million in Bangladesh and 2 million in Nepal. Western pedophile joined Sri Lanka for Sexual tourist purposes (prostitution).¹⁰

The situation in Islamic Republic of Pakistan is not satisfied then other developed and developing countries, however the lack of official statistics on the widespread issue of child abuse makes it even more crucial.¹¹ and due to be perceived shameful, it is not to be discussed.¹² According to the UNICEF statistics 23 million children in country never gone to school and 22 percent children became victim of child hood marriages. Just one third children in country under the age of six are registered at the time of birth.¹³ Children without official identity became easily victim of abuse and exploitation. According to another report almost 1549 incidents of sexual abuse documented in 2003 while 1184 girls had been sexually attacked by the end of 2004.¹⁴ The case ratio of child abuse is continue raising with 4 to 5 percent per year from 2003.

In 2018 that the case of six years old innocent baby Zainab Ansari from Kasur a city in Punjab province.¹⁵ This case was very crucial condition which uncharacteristically provoked enormous indignation and outcry across the country after the minor's body was discovered in a garbage heap in Kasur on January 9, 2018.¹⁶ The situation

became worse when the 200 cases of childhood abuse reported from the same city in Punjab. International and national organizations have expressed grave concerns and are calling for strong steps to address the challenges of child safety.¹⁷ A Non-Government Organization Sahil released a report related to the cases of childhood abuse said that the ratio child abuse reached to 11 percent in 2018 as compared to year 2017. In addition, the report found that newspapers in all four provinces of Pakistan as well as Islamabad, Azad Kashmir, and Gilgit Baltistan reported a total of 3,832 incidences of child abuse.¹⁸ Out of the 3,832 case, 45 percent were boys and 55 percent were victimization respectively. 2,327 cases of Childhood sexual abuse comprising 51 percent girls and 49 percent male children. In the total cases against children 589 of sodomy, 452 of missing children, 537 of rape, 345 of attempted rape, 923 cases of abduction and 99 cases of child marriages were included. Majority of the child abuse cases happened in rural areas and urban areas with 72 percent and 28 percent respectively.¹⁹ The report found that in the most cases the perpetrators or abusers were acquainted to the child family. In the respect of the growing cases of child abuse in Kasur, DPO Ghaffar Qaisrani said that despite the fact that Zainab's killer and rapist was put to death for his crime, there was a need to examine the wider issue of why similar cases continue to occur.²⁰

Pakistan is committed at national and international level to protect the children rights. The constitution of Pakistan put forward the rights of the children. Pakistan passed many law and ordinance regarding the child protection system such as Child Protection Bill 2009, Juvenile Justice System Ordinance, Punjab Child Protection Bureau, Sind Child Protection Authority Act 2011 and Nation's First National Child Abuse Law in 2018 were passed but not completely implemented. In this context Doctor Isharat Hussain said Pakistan is good in making polices but poor in implementation process.

Child abuse became a challenge for Pakistan. According to media resources "over 10 children abused every day in Pakistan".²¹ Abuse and exploitation of children occurs in multidimensional way that affected the whole society in Pakistan. So it is necessary to understand this huge challenge of childhood abuse, its causes and impacts upon Pakistani society. Authority and society must adopt multidimensional approach to eradicate this issue. Because children is future of every nation.

OBJECTIVES OF THE STUDY

1. To determine the types of child abuse existed in Pakistani society.
2. To explored the cases and impacts of child abuse on Pakistani society.
3. This study help people to understand the issue of child abuse in Pakistan.
4. Current study guide Authority to make effective polices to eradicate the curse of child abuse from Pakistan.

LITERATURE REVIEW

Numerous research have been done about child abuse in Pakistan on different aspects

(Mehnaz Aisha 2018). This is most prominent article about the childhood abuse in Pakistan. She discussed the definition and types. She given the picture of Pakistan regarding the issue of child abuse along with the minor discussion of USA, India and Sri Lanka. She said Pakistan has so far failed to define child abuse. Pakistan is following the definition introduced by World Health Organization. Pakistan also still lacks the official data on child abuse and violence. Child abuse included all types of physical or psychological, sexual abuse or maltreatment, neglect and other exploitation that proved harmful for the child's grow, survival and development.

Child abuse occurs all over the world. Globally in 500 million children 1.5 subjected as violence, 100 to 150 million girls became victim of child abuse in every year. 1 in 7 boys and 1 in 4 girls are exploited as sexually in childhood in America. While in India rate of rate of child abuse is more than 83 percent in Pakistan.

The situation is gloomy in Pakistan. Pakistan still lacks the official data regarding to child abuse. According to non-official sources 15 to 25 percent children are involved in sexually abuse in country. 1 of 5 boys and 1 of 7 girl capital and Rawalpindi were sexually abuse. 72 percent children were victim of child abuse before the age of 13. In Pakistan 20,000 to 40,000 children are involved in prostitution. Pakistan is committed to protect the children rights. The child Protection System 2009, Juvenile Justice System Ordinance 200 are in initial stages of enforcement. Being the member of Convoention of Right of the Child in 1990, it is the responsibility of Pakistani parents and society to show their responsibility in order to secure the future of Pakistan.

Another review issued by Sahil (NGO) in 2011, Sahil was established in 1996 to prevent child sexual exploitation with the vision Har, Bacha, Mahfouz (secure, safe and protected). In 2006, Sahil (NGO) began its work on national level to highlight and prevent the cases of child sexual abuse. This is only organization that put forward the facts and figures about CSA.

A five years analysis from 2007 to 2011 by Sahil discussed that the 6 children per day suffered child sexual abuse (CSA) in Pakistan. The reported cases by Sahil on CSA from 2007 to 2011 were 10726. Among 10726 cases, 2617 cases of CSA between the age bracket 11-15 years. The victimization of girls 71 percent as compared to boys. In prominent cases, the deviant and abuser is acquainted and enjoy the trust of families and children. More crimes happened in closed places like schools, mosques, working places such as shop, hotel, hostel, Daras and police station. All these places under powerful figures, it is difficult for children to stop to the deviant and abuser. In Pakistan child sexual abuse is considered as shameful and not discussed in public and thus number of innocent children lost their lives or live in the shadow and trauma of victim. The report provide helpful to spread the awareness among public and benefited especially for stakeholders and generally for Pakistani society.

(Rowan L 2006) is the best book upon child sexual abuse. In this book he pointed out

the causes, effects and given the treatment options for both children and adult involved. Child sexual abuse is sexual force activity by an older person on a child with sex objectives. This book first consider the bases of sexual arousal of men and women towards children. Human nature and sexual feeling led towards the source of arousal. Then sexual arousal become a issue when there is non-availability of an unwilling participant. Sexual arousal in adult men and women attract than towards sexual assault as unwanted contact along with other person.

He explained the cases of child sexual abuse in men and women and divided into four categories (1) sexual arousal (sexually attraction for children) (2) emotional congruence (when adult try to act like a child) (3) disinhibition (wanted sex with children is not inhibited) (4) blockage (when adult sexually attracted any children to establish relationship with him, not for sex purposes). He given the statistics of child sexual abuse in America that 15 per cent of men and women 25 per cent had at least one unwanted sexual experience as minors. 70 percent of men and women became victim of a single abuser.

A sexual victimized child may effect totally due to the harmful and shameful practices of perpetrator. Physiological distress or trauma is must common effect of childhood abuse in initial age. In trauma child try to avoid feeling, thinking, taking on trauma, to avoid people, activities, places attached with the trauma event. The traumatized child efforts to avoid activities, detached from others. Child sexual abuse may also damage the self- confidence, trust and personality development.

The post-traumatic stress disorder is the worst effect of child sexual abuse, the best treatment approach for abused child is psychotherapy. "Doctor Judith Herman explained the three portions of recovery from traumatic stress: safety refers to end the relationship towards abuser and perpetrator should become responsible in the shape of punishment and restitution. Herman second level of recovery is remembrance mourning. In the stage traumatic story is conveyed is the part of the survivor's life history. Here this stage psychotherapy proved help and it must happen in the foam of a trustful therapeutic relationship. Therapist must be qualified. Herman last level is reconnection. During the third stage survivor (victim child) found a different way of the world. Now future is waiting for him or her. Survivor groups like family provided him or her mutual support and involved in making the public aware about the childhood sexual abuse and its effects.

At the end he explained the treatment of the sex addict. Treatment start when the abuser id captured and sentenced. Therapeutic community is a best structured system where people work to gather to treat sex addict. Punishment is determined by therapeutic group. They pressurize abuser for fostering change. Another psychosocial application are polygraph & penile plethysmograph. Polygraph detects fear through measure of physiologic reactions related to autonomic nervous arousal system. In plethysmograph directly express penile tumescence (erection) related to range of

visual and auditory. Along with motivation and sex education, daily fantasy diary also given to sex addict to record his daily sex arousal and control sex arousal and fantasy. But most controversial technique was used to treat the abuser or sex addict is masturbation.

(Malik Farah 2010) raised the research on child abuse and neglect with the aspect to parental patterns of acceptance and rejection towards children & the impacts upon the demographic variables of Pakistani socio-cultural scenario. Child abuse is harmful originated activity of omission to inhibit the growth and development of children. She divided child abuse into four major grades (1) emotional abuse (2) physical (3) physical neglect (4) emotional neglect. The condition in Pakistan is worse than any other wealthiest and developing countries, even lack of the data at government level relating to the existing situation. According to a UNICEF statistics almost 40 percent of the total children population less than 5 years could not access good food. 1549 children were victim of childhood sexual abuse in 2003 and ratio of CSA is increasing from 2003. Three children involved in child labor and most of the children left their homes due to domestic violence. Pakistan is offering the poorest picture of its children in southern region.

She said physical abuse is most common in Pakistani families because parents admit to use physical violation as chief disciplinary technique. Emotional and psychological abuse is more than physical abuse in Pakistani society. Being unaware about the impacts of this abuse, parents using the aggressive and abusive words that caused the mental torcher of the children and proved negative impacts on child personality like inferiority complex. Emotional abused children, the parental rejecting behavior put negative impact upon the development of children. It is also observed that parental rejecting attitude is more regular than acceptance, affection and trust.

Another imported factor that demographic variables also contributed to the issue of child abuse. There is a sharp contrast in Pakistani families set up. The data analyzed explored that children to wherein middles classes or low socio-economic sector were more abused than in the upper social economic class in Pakistani scenario. Child abuse and neglect is unique issue, further research should be carried in this area to understand the phenomenon and to reach the parental awareness about the harms of their abusive behavior.

Child abuse is manmade activity of omission or act to cease the growth, welfare, development and natural potentials of children. Child abuses practices are more common in Pakistani society. Children are abused and exploited at home, school, madrasas and child working place etc in daily life and due to the cultural norms avoided for discussion and remained under reported cases. According to the Dawn media resources more than 10 children became victim of child abused in Pakistan. Pakistan is responsible at national and international level to protect the rights of its children. But Pakistan fail to do even to the establishment Child Protection System.

Child abuse is not minor but also huge issue for Pakistan. Very limited researches carried out the issue with few issue but not real aspects. The issue of child abuse required more attention. An imported feature of the all reviewed literature and researches carried out in Pakistan that their definition of child abuse and violence with children based on the United Nations' Convention on the Children Right Commission and most attention is that there is non-availability of official data on child abuse. All reviewed literature did not discussed CHILD ABUSE; Causes and Impacts on Pakistani Society. The current research is conducted, child abuse, its types, child abuse cases in Pakistan such as poverty, terrorism, urban and rural divide, sexual arousal, negative impacts on new media technology and child marriage (restrain) bill of 2019. The second part is research is child abuse impacts on Pakistani society such as criminal rate increase in Pakistani society, health problems, death rate and riots increase in Pakistani society.

DISCUSSION

Childhood abuse is the exploitation or violation of children which divided into fourth sessions (1) emotional abuse (2) physical abuse (3) neglect and (4) sexual abuse. Child abuse is use of physical force or power against children by adults. Child abuse is human originated activity of omission that interrupted the growth & development of the child's inherent potentials. All types of physical or emotional maltreatment, sexual abuse, negligence or carelessness, as well as commercial or other exploitation of child that might impair a child's health, survival, or development are considered child abuse.²²

TYPES OF CHILD ABUSE

Child abuse is the human activity that disturb child's growth, dignity and development. It can be categorized into following forms.

EMOTIONAL ABUSE

Emotional or psychological abuse is most communally use form of child abuse. Psychological abuse included verbal aggressive acts towards children and deliberate efforts to ignore, isolate and humiliate a child. In emotional abuse perpetrators are parents and caretakers. Emotional abuse was also the part of child's physical and sexual abuse. Children in Pakistan were victimize emotional then physical abuse. Other research explored that the psychological and emotional requirements of Pakistani children are not met by their parents, which is more difficult for children.²³ The use of abusive language for the children; parental negative attitude might led inferiority complex and lower self-esteem in children.



Reference: 24

Figure: 01

PHYSICAL ABUSE

Child physical abuse involved physical violation of child by parents and caretakers when they cut, burn, bit, bruises, slam child's fingers and forced child to stay outside home without coats and shoes in severely cold weather are examples of physical abuse of children. Child physical abuse is defined as a non-accidental injury of a child by a parent or a caregiver. In the United States, there are over 10,000 reported cases of child physical abuse annually.²⁵ Both male and female children became victim of child abuse. In most cases it often led towards death. Bettering and physical abuse is mostly used in learning places by teachers, parents and relatives in school, madrasas and in daily scenario. Each year, roughly estimated, about 50,000 children with observable injuries severe enough to require hospitalization are not even reported.²⁶



Reference: 27

Figure: 02

CHILD NEGLECT

Neglect is happens by accident, by intent and through ignorance. If parents fail to provide medical assistance, nutritional meals and did not provide supervision and protection its children it is known as neglect. A simple definition is child neglects occurs when the basic need of children does not fulfil by parents.²⁸ According to survey 80 percent neglect occurred by parents. The another report further show that almost 40 percent of all children under the age of five, or about 8 million children, are malnourished. While 42 percent of children between the ages of 6 months and 3 years are anemic and underweight, and around 63 percent of them have stunted development.²⁹



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Reference: 30

Figure: 03

SEXUAL ABUSE

The World Health Organization (2008) defines child sexual abuse as the forceful involvement of a child in a sexual activity that he or she does not fully comprehend, and is unable to give informed consent to, or that violates the laws of society.³¹ In childhood sexual abuse, child is involved not as a person but as the source for the sexual satisfaction of the abuser. Sexual arousal became the basis of sexual activities among the female and male adults which leads them towards unwilling and unequal power participants. According to the media sources 3,832 child abuse cases were reported. 33 percent rise seen in child sexual abuse cases along with 51 percent of the cases involving female children and 49 percent male children.³² There are two types of child sexual abuse.

1. Without Physical Contact

In this type of abuse abuser or deviant satisfied his sexual arousal with help of sexual comment, masturbation and pornography and do not involved child physically.

2. With Physical Contact

It includes touching of children with sexual purposes like kissing and hugging, oral sex and molestation (act of rape and sodomy).



Reference: 33

Figure: 04

CAUSES OF CHILD ABUSE IN PAKISTAN

Violation of children rights occurs in different forms in Pakistan. It occurs in all social economic classes irrespective of caste and ethnicity and religion and due to cultural values such cases are under reported in Pakistan. There many cases of child abuse in Pakistan which as follows:

POVERTY

Many richest and poor countries of world are facing the challenge of childhood abuse. Pakistan is a poor country in southern region have the population 220 million. Poverty remain a main challenge in Pakistan. According to the World Bank 33 percent of the population living under the poverty-line.³⁴ Due to the family circumstances, large family size and unemployed parent children suffered in child labor. According to the UNICEF, almost three million children under the age of 14 involved in child labor in Pakistan.³⁵ Children start work in their median age at different places such as household labor, mechanic shops, tea stall, fruit markets even they might part of beggar group. Such children work for 6 to 15 hours without rest

and break and sometime sleep at their work place. In cases of children worked only for food and low wages. These are poor and illiterate. 60 percent of children became victim of physical abuse at their work place.³⁶

TERRORISM

Terrorism remained a main issue for Pakistan. Due to terrorism 60 thousand Pakistani people lost their lives. Terrorism is the second important cause of Child Physical abuse in Pakistan. Pakistan is still facing the problem of terrorism from two decades. In the time of war, military operation and poor law and order situation like the other problems child exploitation of children occurs commonly. Due to military operation in tribal areas 40 million children were misplaced. In a terrible shooting at the Army Public School in Peshawar 132 students were killed yet the government did not priorities protecting children's rights.³⁷

URBAN AND RURAL DIVIDE

According to the media sources 72 percent cases of the childhood abuse occurred in 2018 in rural areas and 28 percent in urban areas. While 3,832 cases were reported in four province, Islamabad, Kashmir and Gilgit Baltistan. The out of the total cases 51 percent cases involving female children.³⁸ Girls are considered as the honor of the family. Usually involvement of girls in above these cases was due to land dispute, revenge for marriage.

SEXUAL AROUSAL

Sexual arousal is the part of human body. Sexual arousal led men and women to sexual

Activities and sex partner. If they found their willing, equal power and agree to do something

Sexual, than it is right in modern society, but not like in religious and conservative society like in

Pakistan. Sexual arousal becomes a problem when it leads to the involvement of an unwilling

Participant.³⁹ In the non-availability of partner, they establish child sexual relations with innocent

Children and satisfied their sexual arousal. According to BBC report, the figures presented in the

National Assembly in February 2018, revealed that in the last five year, 17,862 cases of sexual

Abuse were from across the country.⁴⁰

NEGATIVE IMPACTS OF NEW MEDIA TECHNOLOGY

The new media technology has changed world into globalization. The event occurred in one part of the world reached entire world within few minutes. Social media like YouTube, Facebook, WhatsApp, Blogs and Twitter are mostly used for the objectives of communication etc. Pakistan have 100 million mobile and 30 million internet users.

The people have access to internet and social media. It is believed that the overuse of social media and social networking sites is the main factor in the child's alienation from cultural, social, and religious values.⁴¹ The new technology in media led youth towards sexual activities. Unfortunately, Pakistan is ranked first among the eight Muslim countries for goggling porn content, followed by Egypt.⁴² Youth look the porn and physical satisfy videos and images and also used social to uploaded child and adults' pornography content. Most deviant prefer child pornography that caused child sexual abuse.

CHILD MARRIAGES (RESTRAIN) AMENDMENT BILL 2019

Another cause of child abuse in Pakistan is Child Marriage Bill. This subject Bill had introduced in the National Assembly by Mr. Ramesh Kumar as a Private Member's Bill. The purposes of Bill was to set up the minimum age for a lawful marriage was eighteen years. This bill has invited the opposition of the members in Assembly, scholars and Ulema in Pakistan. They have referred to the idea of setting a minimum marriage age as an un-Islamic suggestion. Islam forbids setting a minimum age requirement for marriage contracts.⁴³ This lead towards adultery and child abuse. That's why prominent Islamic scholar and journalist Oriya Maqbool Jan said on New TV channel that Child Marriage Bill is against the teaching of Islam and if someone was found in adultery the responsibility would be fell on Government. The ratio of child sexual abuse is increased in Pakistan.

CHILD ABUSE IMPACTS ON PAKISTANI SOCIETY

Pakistan is the only countries in Southern region that represented the worse picture of its children. Pakistani commission on Human Rights said in 2014 that children in Pakistan are victimized and exploited due to the improper legal and social protection framework. Due to the poor child protection system innocent children exploited at different level such as home, school, madressa and working place. Children abuse in damage the future of Pakistani children and having negative impacts on Pakistani society as follow;

CRIME RATE INCREASE IN PAKISTANI SOCIETY

Criminal Rate is Increase in Pakistani Society. Emotional and physical abuse is most common form of abuse in Pakistani society without knowing its impacts. Due to physical abuse (domestic violence on children) 30 percent children have left their houses. In Pakistan children are physical abuse (beaten) by parents on the name of training.⁴⁴ While the emotional abuse included isolation and ignoring of children, in most cases perpetrator is a parent. When family members ignore and reject their children and do not have interactions, required for mental and physical health of children. In such condition children seek shelter and social interaction in society. According to the report children who come from abusive homes are more likely to seek out a pseudo-family such as a criminal street gang or a delinquent middle school clique to fulfil their emotional needs.⁴⁵

HEALTH PROBLEM AND DEATH RATE INCREASE IN PAKISTANI SOCIETY

Neglect may happens by accident, by intent and through ignorance. If parents fail to provide medical assistance, nutritional meals and did not provide supervision and protection its children it is known as neglect. 24 percent population of Pakistan remain under poverty they do not fulfill the requirement of their children. According to the Gross National Income per capita was 1600 US dollars in 2017. In Pakistan 80 percent problem related to malnutrition of children. Government of Pakistan does not access to solve this problem. At this level child neglect occurs due to Government as well as parents. Approximately, 1 in 6 children dies under the age of five due to nutritional status is the more negative impact of child neglect. Due to the child neglect health problem raised in country. In Pakistan 30 percent of the children are underweight, more than 5 percent suffer from stunted growth and around 9 percent from emaciation.⁴⁶

Sexual abuse of children is the horrific category of child abuse. From the media's perspective, the sexual abuse of a child is front-page news.⁴⁷ According to media resources there are 3,832 of child abuse, figure includes 2,327 cases of child sexual abuse along with 51 percent of the cases involving female children and 49 percent male children.⁴⁸ Physical trauma, infections, virginal discharge, bleeding, itching, urinary tract and abdominal pain of the negative impacts of unwanted sexual activity. This child sexual activity proved harmful for Pakistani children. Even most of the cases the rape and abuse with children led the murder and death of the children. According to the Cruel Number 2017 of Sahil (NGO) this year 109 cases were reported of murder after sexual abuse. A gender analysis shows that 58 percent girls and 42 percent boys have been murdered after sexual abuse in 2017.⁴⁹ Due to the types of child abuse health problems raised that might causes of death in Pakistani society.

RIOTS IN SOCIETY

Out of the four types of childhood abuse, sexual abuse of children received the immediate public attention and people reacted in extremist manner. Due to the cases of child sexual abuse riots started in country that disrupt the law & order situation and became the cause of disturbance for whole society. The case of Baby Zainab Ansari in Kasur a city of Punjab started the riots in entire country that threatened the law and order situation in Pakistan especially in Kasur. In this unhuman event well-known figures of Pakistani society started the social media campaign named Justice for Zainab demanded the killer be caught. According to the BBC Urdu two protestors were killed after police shot at an angry crowd attempting to storm a police headquarter in Kasur.⁵⁰

CONCLUSION

While summarizing the above discussion it is evident that child abuse is violation of

children rights in emotional, physical, sexual form and neglect. Pakistan is being the signatory on UN Children Right Commission, show a worse picture of its children. Many children live under the shadow of traumatic situation and even caused to death. In 2018 six year old innocent baby Zainab Ansari became victim of rape and murder. That created riots in entire country but with the passage of time Pakistani people have forget this unhuman event till another. There is no trust more sacred than the one the world holds with children. Children is future of Pakistan. So there is no other important responsibility to ensure the children rights. Pakistan is required to create a peaceful environment for children, which free from fear. Because "Pakistan wanted Her Bacha Mahfouz."

RECOMMENDATION

The present study explored the phenomenon of child abuse, its types and causes and impacts on society with the special context of Pakistan. The founding of current research addressed that child abuse is a unique & sensitive issue prevailing in Pakistani society. So it is necessary to take following recommended steps to eradicate the child abuse from Pakistan.

1. Pakistan could not have the official data regarding the child abuse. So it is more important to gather the official data of childhood abuse.
2. Further researches would be conduct in this area.
3. Pakistan parents should understand the impacts of emotional and physical abuse and avoid them. Especially mother should convey the responsibility of exemplary teacher.
4. At public level awareness should be spread about the issue, seminar should be held on child abuse.
5. Government should start emergency hot-line in order to prevent the issue of child abuse.
6. Psychological teacher should be included in Government school from 1 to matric level, to solve the impacts of child abuse.
7. Government should found the causes of child abuse and prevent the issue.
8. Society should understand childhood abuse and coordinate with government to eradicate child abuse.
9. To condemn western media for watching the Pakistani children pornography.
10. And most of all Pakistani government should take practical step with the policy making process. Because policy making is nothing to do without the implementation. That's why Prime Minister's advisor on institutional reforms Doctor Isharat Hussain said "Pakistan is good in policy making but poor in implementation process."



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